



Please provide the following information and answer the questions below. Please note: information you provide here is protected as confidential information.

Client Name: _____
(Last) (First) (Middle Initial)

Name of parent/guardian (if under 18 years): _____

Birth Date: ____/____/____ Age: _____ Gender: Male Female

Marital Status: Never Married Domestic Partnership Married Separated Divorced Widowed

Please list any children/age: _____

Address: _____

(City) (State) (Zip)

Cell Phone: _____ May we leave a message? Yes No

Other Phone: _____

E-mail: _____ May we email you? Yes No

Emergency Contact: _____ Phone: _____

How were you referred to us: _____

Is there any additional information Hopedealers Worldwide should know about you:

_____.

GENERAL HEALTH AND MENTAL HEALTH INFORMATION:

Have you previously received any type of mental health services (therapy, psychiatric services, etc.)? No Yes
If yes, previous therapist/practitioner(s): _____

Are you currently taking **any** prescription medication? Yes No
Please list: _____

Have you ever been prescribed psychiatric medication? Yes No
If yes, please list and provide dates: _____

1. How would you rate your current physical health? (please circle)
Poor Unsatisfactory Satisfactory Good Excellent

Please list any specific health problems you are currently experiencing:

2. How would you rate your current sleeping habits? (please circle)
Poor Unsatisfactory Satisfactory Good Excellent

Please list any specific sleep problems you are currently experiencing:

3. How many times per week do you generally exercise? _____
What types of exercise do you participate in? _____

4. Please list any difficulties you experience with your appetite or eating patterns:

5. Are you currently experiencing overwhelming sadness, grief, or depression? No Yes
If yes, for approximately how long? _____

6. Are you currently experiencing anxiety, panic attacks, or have any phobias? No Yes
If yes, when did you begin experiencing this? _____

7. Are you currently experiencing any chronic pain? No Yes
If yes, please describe: _____

8. Do you drink alcohol more than once a week? No Yes

9. How often do you engage recreational drug use? Daily Weekly Monthly Infrequently Never

10. Are you currently in a romantic relationship? No Yes If yes, for how long? _____
On a scale of 1-10, how would you rate your relationship? And why? _____

11. What significant life changes or stressful events have you experienced recently: _____

FAMILY MENTAL HEALTH HISTORY:

In the section below, identify if there is a family history of any of the following. If yes, please indicate the family member's relationship to you in the space provided (father, grandmother, uncle, etc.).

	Please Circle	Family Member
Alcohol/Substance Abuse	yes/no	
Anxiety	yes/no	
Depression	yes/no	
Domestic Violence	yes/no	
Eating Disorders	yes/no	
Obesity	yes/no	
Obsessive Compulsive Behavior	yes/no	
Schizophrenia	yes/no	
Suicide Attempts	yes/no	

ADDITIONAL INFORMATION:

1. Are you currently employed? No Yes If yes, what is your current employment situation?

Do you enjoy your work? Is there anything stressful about your current work?

2. Do you consider yourself to be spiritual or religious? No Yes

If yes, describe your faith or belief:

3. What do you consider to be some of your strengths?

4. What do you consider to be some of your weaknesses?

5. What would you like to accomplish out of your time in therapy?

LEGAL HISTORY:

Your signature below also indicates that you have read the Consent for Treatment and HIPPA agreement and agree to the terms.

PATIENT (or PARENTS/GUARDIANS, IF PATIENT IS A MINOR)

Signature of Patient or Parent(s)/Guardian(s)

Date

Name of Patient or Parent(s)/Guardian(s) (Please print)

Relationship(s) to Patient